#### IN THIS ISSUE

Spring is popping with so many new plants and beautiful colours, it's a feast for the eyes!

### Happy, Healthy Homes

On-trend indoor plants to help oxygenate your home and office spaces.

### Gardeners Hands Beware

With these lovely DIY gardeners scrubs which work wonders on hard working hands. We're helping you to bring pollinators into your garden

Gardens A Buzz

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Not with just bees but with butterflies and ladybirds too.

# ODERINGS GARDEN CENTRES

## **Spring 2017**

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## Welcome back

Welcome to spring. I love this season because it is the season of potential and possibilities. Whether you are planting crops for Christmas harvest, watching the fruit trees bloom with potential summer fruit or planting the garden with the abundance of flowers and colourful foliage available now, everything seems to come to life once again.

Home pollination is such a hot topic for gardeners, and we need more bee pollinators to save our food supply, which is threatened by declining honey bee populations. As bee populations around the world struggle, home gardeners can play an important role in attracting bees and other pollinators. The solution rests in the solitary native bee population, which can help supplement pollination of ½ of our food source. We just need more of them!

The NZ BeeGAP (Gardeners Aiding Pollinators) solution is a long-reaching program that enlists gardeners to raise leafcutter bees and introduce and encourage bumble bees in their own food gardens. What's a leafcutter bee? Read more on page six, and join us on a journey of pollination and beneficial insects for your home garden.

Oderings are very excited to announce the revamp of the Philpotts Road branch due to open in late September and the Wonderland Café, which opened in the Cashmere Road branch back in July. Make sure you are subscribed to the monthly newsletter online at www.oderings.co.nz to hear all about the latest new plants, garden checklists and exclusive VIP events. Also, don't forget to follow us on Facebook, Instagram and Pinterest for all the latest news too!

#### Happy Gardening

Pamela Smith Editor





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Palmerston North 06 356 6797 136 Cook St, West End

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### Verbena Twister Purple and Twister Red

We love these new Verbenas because they take the traditional varieties to the next level. Like snowflakes no two flowers are alike, with unique clusters of purple or red florets and a neat bicolour swirling pattern.





#### Delphinium Summer Breeze Blue, White and Pink

Different from the traditional tall Delphiniums we all know, the Summer Breeze series forms a low, bushy mound of lacy green leaves and loose sprays of single, star-like deep midnight-blue, white or soft-pink flowers. They are ideal for containers, rockeries or back row planting in sunny gardens and are a brilliant cut flower. Remove faded flower heads regularly to encourage repeat blooming. Although not a long-lived perennial, they will often self-seed giving you repeat crops.

#### Phlox Popstar 🕨

This new Phlox can quickly transform any pot, planter or border into a vivid and bright display of tiny star-like blooms. They are self-cleaning, meaning they will drop their own spent flowers, and will tolerate all kinds of weather including frost.













#### Capsicum Carolina Reaper 🔺

You must have guts of steel to take on this capsicum. This capsicum comes with a huge heat punch and is dubbed the 2nd hottest pepper in the world. With its gnarled body and devillike tail, it looks hot, and even smelling the pepper makes some people's eyes water. I have tried it and I most certainly came out second best.

#### Basil Pesto Party 🔻

New in 2016, this is a must have variety for 2017! Basil Pesto Party, whose claim to fame is how late it flowers and goes to seed. Pesto Party will actually flower 14 weeks later than all the other sweet basil varieties, giving you a much longer harvesting season to enjoy the fresh, aromatic and delicious leaves. Pesto Party grows to a height of 30cm, has a pleasing aroma similar to sweet basil and is generally used fresh in recipes.

#### Tobacco 🕨

I'm not trying to promote smoking in any way, but I do know it's a very expensive habit! Did you know tobacco is simply a tall flowering nicotiana plant? If you do smoke you could try growing, drying and using this tall beauty, and at least it won't have all the chemicals that the packet-bought substitute does.

#### Tomato Tumbling Whopper 🔻

This new cascading tomato is a high yielding variety producing extra-large beefsteak fruit weighing 300–450g, with a great shelf life, excellent eating quality and amazing flavour. An awesome all-rounder with great disease resistance, the plants are strong and vigorous and need a basket or a pot to tumble over.





BeeGAP (Gardeners Adding Pollinators) is a nationwide initiative of Creative Woodcraft Ltd. In a large-scale social movement, BeeGAP is urging Kiwis to encourage and introduce pollinators to gardens and public spaces, as well as providing habitats and spreading the important message of pollination.

Reaching out to every gardener, green-finger beginner and nature enthusiast, the BeeGAP movement helps to raise awareness around the vital importance bees and other pollinators have in ensuring the successful future of our food crops and gardens across this great country for generations to come.

#### And here's where you come in.

Partnering with Oderings Garden Centres, BeeGAP is delighted to introduce a wide range of pollinationbased products, both bee, bird, butterfly and conservation related – now available in store and online. From bee habitats and bee baths to bird feeders and butterfly shelters and much, much more, Oderings is excited to offer everything you need to welcome these great pollinators to your place.

Adding to this opportunity, gardeners now have the unique option to purchase live bumble bee colonies or try their hand at raising the wonderfully gentlenatured leafcutter bees – a perfect way to get involved and play your part in a home-grown solution for everyone.



I POLINATE UP TO 10 TIMES MORE FLOWERS THAN HONEY BEES



LEAFCUTTER BEE HOUSE



BEE BENEFITS

- Increase garden pollination (fruit trees, flowers and veggie plots)
- · A great talking point in any garden
- Help raise awareness of solitary bees and other important pollinators
- $\cdot$  Easy to set up, maintain and reap rewards





#### **Leafcutter Bees**

#### So, what is a leafcutter bee?

Relatively unknown until now, the leafcutter bee is an expert summer pollinator, previously unheralded despite its tireless efforts in pollinating fruit trees and flowers. A member of the Megachilidae family of bee species, the leafcutter bee is non-aggressive, noncolonising and perfectly safe around children.

An excellent alternative summer pollinator, the leafcutter bee works harmoniously with other bee species, such as the honey bee and bumble bee, and can be distinctly recognised by their fuzzy, thin yellow and grey striped abdomen.

Pollinating up to 10 times better than a typical honey bee, the leafcutter bee brings a whole new dimension to pollination activity.

Lazy by nature, the bees do not travel more than a few hundred metres (unless there is a shortage of flowers to forage on). This means the pollination and wider benefits remain right at home in your garden.



#### LEAFCUTTER BEE COCOONS

Specifically designed to house leafcutter bees, the Leafcutter Bee House comes complete with nesting trays and you can then purchase 50 dormant cocoons to get you started. Simply place these cocoons outside in spring and watch them emerge and pollinate through summer.

And given their solitary status, the leafcutter bees don't mind you watching them come and go to their nesting house. In fact, such activity is surprisingly fascinating to observe.

To secure your own cocoons, ask Oderings staff how to purchase a redeemable card from any store, or online.



#### **Bumble Bees**

More common to the astute gardener, the bumble bee is a hardy pollinator from spring to late autumn. Mild-mannered by nature, these bees make for efficient workers in your garden, noticeably pollinating your crops and flowers as they go.

Belonging to the genus Bombus, the bumble bee works in perfect harmony with leafcutter bees and other bee types, foraging even in the coolest of days, whether rain, hail or shine.

By placing Bumble Bee Nesting Boxes around your garden, you are helping to provide a suitable nesting habitat for the queen bee as she seeks to start a new colony, further helping to increase pollination in your community.

Better still, why not introduce a live bumble bee colony at your place and spend countless hours of leisure watching their activity as they depart and return to their abode.

The hand-crafted Bumble Bee Abodes are custom designed to house these live colonies, taking pride of place in any garden and providing a safe solution to increase pollination at your place.

To order your own live colony, ask Oderings staff how to purchase a redeemable card in any store, or online.

#### Other great pollinators

But the fuss isn't only about bees. Be sure to encourage butterflies, birds and ladybirds to your garden too, with specifically designed products to help increase pollination activity from season to season. In fact, any wildlife is beneficial to your garden, and this is something worth remembering.

Complimentary with all products, customers can visit www.beegap.co.nz for comprehensive access to the online learning resource with lessons, blog posts and product installation guides.

### Get involved; encourage and introduce great pollinators at your place

With so many super options available, what are you waiting for? Get involved today and open your garden to a world of pollination possibilities. Simply visit any Oderings Garden Centre branch, or go to www.oderings.co.nz







# BUTTERFLIES

We all know bees act as great pollinators in the garden, but what many don't realise is that butterflies are also quietly working away pollinating flowers and edibles. And unlike bees, butterflies see the colour red, as well as other wavelengths better than their buzzy friends.

Butterflies are also known as an indicator species. An indicator species is sensitive to changes in the climate, the presence of harmful chemicals, pollution in the air and water, and other environmental issues. Unfortunately, the butterfly populations are in decline due to humans reducing the numbers of pollinators with pesticides and by destroying habitats and their nectar sources.

So how can you help?

#### **Provide a Habitat and Food**

These Butterfly House & Feeders provide a suitable environment for butterflies to feed in over the summer (with the nectar bowl) and shelter over winter. For the nectar bowl, mix four parts hot water to one-part granulated sugar. Wait for the mixture to cool down, then fill the nectar bowl. You will notice butterflies, hoverflies and beneficial bees and wasps using this feeder nectar bowl, which is just what we want for the health of the garden and an increased population of beneficial insects.

Start attracting butterflies to your garden by planting friendly plants. There are two types of plants: nectar sources for adult butterflies to sustain themselves on and host plants for the female butterflies to lay their eggs on. For best results, plant in blocks of colour, and plant in blocks of three or more of each nectar source. There are 20 difference species of butterflies in New Zealand, and each one requires a different host plant to lay their eggs on.

Butterfly-friendly plants include ageratum, aster, coreopsis, daisy, dianthus, buddleia, callistemon, echinacea, hollyhock, iberis, lantana, marigold, nasturtium, rudbeckia, swan plant and zinnia. For more plant ideas and a list of host plants visit www.nzbutterflies.org.nz.



# LADYBIRDS NATURAL PREDATORS

Did you know a ladybird (or ladybug) is a type of beetle and their colour lets its predators know that it may taste bad or be poisonous? But more important, in the garden the ladybird is a natural predator, eating up to 50 mites, aphids, mealy bugs and/or scale per day, living as long as one year and even two years in extreme cases.

When a ladybird lays its eggs, she lays them in clusters, and the eggs are usually yellow or orange. They come out of the egg after about four days as larvae and resemble black alligators. When it has eaten too much their skin becomes tight, and they shed it. This is called moulting. After moulting four times, it becomes a pupa. The pupa sticks itself to a safe place where it will not move. The pupa breaks open after a week or two as a ladybird. The ladybird body goes from being soft with no spots to the hardened and (normally) spotted ladybirds we are familiar with, although some ladybirds are not spotted.

So, what can we home gardeners do to attract more ladybirds to the garden?

#### **Provide Food**

The number one thing to help attract ladybirds to your garden is food. Glorious food and plenty of it. Ladybirds eat two things: insect pests and pollen. In fact, they need both to survive and when these things are in abundance, ladybirds will happily relocate to your garden and enjoy everything on offer. There are numerous plants you can grow to help attract them. Flowers and herbs such as coriander, dill, fennel, tansy, angelica, coreopsis and cosmos are good choices for luring the ladybird.

#### **Provide a Habitat**

During winter ladybirds like to hibernate together to stay warm. A ladybird's habitat must also provide a food source for adults and larvae, as well as a safe place for their eggs and the pupae to survive.

After the ladybird emerges from the pupa they begin feeding purposefully for the next several weeks, prior to finding a safe sheltered site for hibernating over the cold winter months. They will stay in a dormant state until the weather begins to warm up in early spring. Once the temperature is near 16°C, the ladybirds become active, and the hunt will begin to eat your aphids and mites once more.





WOW, it's been a very interesting year in perennial petunia circles with genetically modified varieties being discovered in New Zealand and across the world. Popular varieties like Raspberry Blast and the orange African Sunset have been found guilty and have caused the destruction or mass recall of these varieties and more.

The good news is here at Oderings: We have no GMO varieties in our range so it's safe to plant our petunias with confidence. Here is some of our exciting range this season. Incorporate perennial petunias in pots, planters, hanging baskets or in the garden this season for an explosion of colour.



#### **Boysenberry Ripple**

1

This is the most uniquely coloured petunia I have ever seen. With blooms that open to a boysenberry picotee with dark purple veins.

#### **Prettiest Star**

A tribute to the late David Bowie. Like Bowie this petunia is a star, unique and a great performer. Its bright colours will add a vivid colour to your planting schemes.

#### 3 Petite Series

If you like petite petunias with lovely petite flowers then this is for you. Available in White, Plum Vein or Blue, they all have fantastic weather tolerance.

#### **Double Trouble Series**

Maximum flower power from these double petunias will brighten any space beautifully. Choose from 'Trinity' with the two-toned mix of burgundy and purples, 'Purple Vein' with purple flowers and dark veins running from the centre or 'White' with the double pure white blooms.

#### Supernova Series

This petunia will never be short of flowers and is a real riot of colour with a white star pattern from the middle. Available in Rose or Blue.

#### **Cookies & Cream**

6

Doesn't this remind you of cookies and cream ice cream with its white petals and dark brown veins radiating from the centre?



Most of us gardeners have a shed at the back of the property that has been used to store firewood, garden tools or junk. Have you thought about having a clear out and transforming the space into your own? Here are tips to enjoy your hideaway right in your backyard.

#### 1. Think about the purpose of

your she shed. Is it a sewing room, a crafts room, a reading space where you can cosy up with a book or a lady's space where your friends can come around for nibbles, wine and laughs? The male in the house usually gets the garage as their 'man cave', so its time us ladies create our own space.

#### 2. Make an inviting entryway.

Use a collection of pots with lots of flowering plants. Claim the space and make it yours!

**3. Make a museum of some of your favourite things**. On a table inside collect your favourite vases and glassware and fresh-cut stems from the garden. Try placing those books that you've been meaning to read again in the space and add some quaint homeware items.

4. Visit the op shop or the secondhand store for some rustic treasures. Secondhand items go hand in hand and will fit the space perfectly.

**5. Add some texture to make the space cosy**. Lush throws and cushions are not to be forgotten; they will make you feel right at home.

Items in this article can be found in selected stores or online. **Visit www.oderings.co.nz** 



#### **TRADE AID APRONS**

Oderings is excited to team up with Trade Aid and offer you these brilliant aprons and garden tool belts. A great gift for you or a friend.

#### **2** TRADE AID HEMP TWINE

By purchasing Trade Aid products, you are supporting fair, ethical, sustainable trade. Made by rural Bangladeshi women trained to make the hemp twine by hand in the long tradition of Bengali rope makers.

#### **BUXUS BLIGHT BUSTER**

If you have orange coloured leaves or tips that are turning brown from plant dieback on your Buxus hedge, use this new, easy-to-use spray-on treatment.

#### 4 ANVIL AND BYPASS SECATEURS WITH INTEGRATED SPRING

The anvil is perfect for cutting older woody branches, twigs and hard, dry wood, whereas the bypass is ideal for cutting flowers, young shoots and fresh wood. Since the spring is integrated, it is protected from dirt and cannot be lost.

#### 5 CERTIFIED SEED SPUD – SUMMER BEAUTY A main crop variety that produces extremely high yields. With an oval–round shape and shallow eyes, Summer Beauty has excellent flavour and cooking qualities for boiling, mashing and roasting.

#### **6** IRRIGATION UNIVERSAL KIT

Create an automatic watering system with Hozelock Easy Drip irrigation. Allows you to target water delivery to the plant's roots, ensuring that your plants are effectively watered with minimal evaporation.

#### **7** IRRIGATION MICRO KIT

The micro irrigation kit is quick and simple to install. Provides a discreet watering solution for keeping container plants well watered. Completely adaptable, so if you change the location of your containers, the easy drip system can be moved with them.

#### **SPLASH & FEED**

Fill this hanging bird bath with water for hydration and play, or with nectar, seed or energy food for feeding during the cooler months. A great product that you can adapt to what the bird needs.

#### **9** HOME POLLINATION

Have you seen the huge range of home pollinator products now available at Oderings? Have a read on pages 6–9, and don't forget to view the product in stores or online now. A brilliant selection that is exclusive to Oderings and Farmlands.





#### COTTAGE BRACTEANTHA (Available October)

A dynamite new series, blooming prolifically from spring through summer and into autumn, it is a must-have for patio pots and garden beds. Available in shades of bronze, white, yellow and pink.

#### 2 ALTERNANTHERA CHOCO CHILI (Available November)

A brilliant contrast plant as the foliage is a nearly black-purple on top and a bright ruby on the bottom. A fantastic, compact garden plant, and the more sun it's in, the darker the foliage.

#### 3 CASUARINA COUSIN IT (Available November)

This one will blow you away, a unique ground cover with a style reminiscent of Cousin It from the Adams Family. A distinctive form of cascading lime foliage that makes a stunning ground cover.

#### 4 ROSE CALYPSO SWEET SPOT (Available November)

Two stunning new roses in this series are Sweet Spot Yellow and Sweet Spot Calypso. These roses are long flowering, easy care and hardy compact shrubs. Good for cut flowers and are great in the garden or pots.

#### 5 PETUNIA ROSE STAR (Available September)

With the disappearance of Raspberry Blast, we are pleased to offer you its friendly twin lookalike. Beautiful cascading bi-coloured pink flowers en masse. Great in the garden or in containers and hanging baskets.

#### 6 COPROSMA PARADISE PUNCH (Available November)

Bright orange foliage that changes tone seasonally, adding continual interest in the garden or pots. This will be sure to add a splash of yearround vibrancy.

#### **7** CAREX SPARK PLUG

We are very proud to introduce the first new Carex in years, available exclusively from Oderings. But unlike the typical Carex, this variety is unique with tight clumps of variegated foliage that looks like electric sparks.

#### **S PETUNIA COOKIES & CREAM**

A fabulous new perennial petunia to join the Oderings collection this year. All the way from Europe, the unusual and fantastic colouring is bound to impress in containers, the garden border and hanging baskets.

#### **9** LAVENDER TUTU

Exclusive to Oderings this new multi winged lavender is stunning. If you love plants that can handle the hot and dry and are ideal in garden or pots, then this iridescent prolific flowering lavender is the perfect choice.



Foliage has an important function in the garden and that is to prolong the garden's beauty through depth, flow and showcase colourful personality through leaf colour and texture. Discover the excellence foliage can provide to your garden today with some of these Oderings showstoppers.



#### **Lomandra Lime Tuff**

This dwarf Australian native grass is almost indestructible; if you don't have green fingers you will be pleased to know that this plant is for you. Drought tolerant, beach tolerant and great to add structure in garden landscapes and pots.

#### Lomandra Tanika

Attractive and almost indestructible. This popular plant is a tried and true variety. Tanika has stems covered with small tan coloured flowers in the spring and summer, which add extra appeal to this rugged little beauty.

#### NEW

#### **Griselinia Gecko Green**

A more compact version of its brother plant Broadway Mint, this hedge master has a slightly smaller foliage and is much more compact, creating a denser hedge or specimen plant and amazing contrast as a backdrop to the garden.

#### ODERINGS EXCLUSIVE

#### **Carex Spark Plug**

We are very proud to introduce the first new Carex in years, available exclusively from Oderings! Spark Plug forms short, tight clumps of variegated foliage that looks like electric sparks. The colours and leaf architecture make this a magnificent blender or filler for the garden or combine it with other plants in containers.

#### 

#### Heuchera Blondie in Lime

A stunning contrast plant with lime green leaves and yellow green flowers that bloom continuously all spring, summer and autumn, this heuchera is cute and tough! Excellent when planted in contrast with Black Pearl.



#### **Heuchera Black Pearl**

Striking black foliage adds contrast and appeal in both shade and sun! Black Pearl forms an incredibly dense habit of shiny, jet black leaves with scalloped, ruffled edges and rosy purple undersides, with white flowers with pink calyxes in spring and summer.



Helpful Plants for

a Happy Home

Not only will your interiors look amazing but you can aid your health by placing house plants around your home and in offices and bedrooms. With the amounts of pollutants in our air, our bodies must adapt to more stress. Scientists have discovered that house plants can bring us many health benefits. This spring we have fresh plants arriving weekly in store to aid your healthy lifestyle.

Health Benefits

#### Air quality

Since most of us spend about 90% of our time indoors we should consider our air quality. Did you know that one plant can filter a 10-square meter space? House plants can assist in filtering pollutants from our air.

#### Healthiness

House plants contribute to increasing the humidity inside. A warm, more humid home makes for a healthier you. It decreases respiratory sicknesses, sore throats, coughs, dry skin and colds.

#### De-stress

House plants make you feel great too! Plants are known to lower blood pressure, reduce stress levels and provide mental clarity. So minimise your stationery and make room in your office for a desk buddy.

#### Quality sleep

.....

If you struggle to sleep well, or wake tired and are not feeling refreshed, why not try plants in your bedroom? House plants in a bedroom space can help soothe the space and purify the air.

- 1. ELHO WATERING CAN \$24.99
- 2. Anthurium in ELHO B4 ROCK 16CM \$14 3. Dracaena in STYLIST'S OWN
- Strelitzia in BLACK & WHITE TRIANGLE \$49.99
   Monstera in LARGE TULIP \$89.99
- 6. Dracaena in WHITE CEMENT POT \$59.99 7. Palm in HOGLA POT \$32.99
- 8. Bromeliad in LARGE KAISA BOWL \$49.99

1

6

5

9. Bromeliad in WHITE CEMENT CYLINDER \$11.99

Vopadomes

Sick of picking half eaten tomatoes? Blueberry bushes with no berries? How about finding your leafy greens without leaves, or finding your neighbour's pet has been through your new garden bed?

As most keen gardeners know there are very few simple and inexpensive methods to protect their precious plants from pests without using chemical sprays or elaborate systems. One can quickly become frustrated at the lack of an easy solution to one of the main problems that every gardener faces... until now!

Affordable and easy to use Popadome is an environmentally friendly solution to garden pest control that eliminates an endless variety of unwanted animals and insects. Designed to be the perfect solution to pest problems, Popadome protects everything from garden beds, fruit trees, berry bushes and flowers to newly seeded lawns and even sandpits, keeping out birds, butterflies, caterpillars, slugs, snails, insects, cats, dogs, possums, rabbits and even livestock! All without the use of sprays, pellets or potions.

Based on a tried and tested dome tent platform the Popadome is simple to use and can be assembled and erected in under 10 minutes. Simply slide the two poles through the robust sleeves, place over your plant or plants and peg down. When you're finished just pack it away in its carry pack or use in a different location. The UV stable netting gives you years of life in harsh conditions whether it be under the hot summer sun or through cold and wet winter days. The unique sewn copper strip around the base will deter snails and slugs the natural way, and the full-length integrated zip allows easy access to your crop. The green structure and black netting will blend seamlessly into your garden environment and allow you (and your jealous neighbour) to see the fruits of your labour.

Popadomes are currently available in three standard sizes: 0.9m x 1.8m, 1.2m x 1.2m and 2m x 2m, with additional accessories to transform your classic Popadome into a mini greenhouse, frost cover or fine mesh insect barrier. All accessories are customised to fit directly to your existing Popadome and include zips that match your Popadome's zip so you can always get to your plants easily.

### Get a Popadome for your plants today – before something else eats them!





## Growing Your Own

## Propagation at home is easy

Rachel Vogan explores producing your own seedlings and plants from seeds and cuttings. 'Growing your own plants is fun, rewarding and very cost effective.' Spring is here; it is the perfect time to arm yourself with a few essentials and get propagating.



### Plant Growing Essentials

Like baking a cake, ensuring a good outcome means using the right ingredients. Apply the same philosophy to propagating, and your results will speak for themselves.

**Propagation House** These are the best inventions. They speed up the germination and root development markedly. They are small enough to easily fit in a sunny corner on the patio or indoors. Essentially these are miniature greenhouses. They are lightweight, portable and easy to use. Even better, the ventilation system on the Oderings ones allows the seedlings to get plenty of air.

**Seed and Cuttings Trays** Look for these seed trays in-store. Some recycled shallow containers with drainage holes can work too.

**Seed Raising Mix** Either make your own using pumice, peat and perlite, or get some new fresh seed raising mix. Cover sown seeds lightly with Vermiculite; this acts as a blanket, keeping heat in and disease out.



**EasiGrow Jiffy Pellets** These are magic little incubators for both seedlings and cuttings, simply soak the pellets for a few moments in water until they swell up, then insert either seeds or cuttings and leave them to it. Using EasiGrow Pellets reduces transplant shock, which is a common reason poor results occur.

**Seed** Always use fresh seed. Packets that have been opened for a long time are unlikely to come to much.

**Cuttings** Select only the best stems of fresh growth and aim to make the cuttings all the same size. Finger length or up to 10cm is ideal. Ibadex Powdered Rooting Hormone can be used to promote root formation.

Water Aim to keep the soil moist but not wet.



**Labels** To write the seed's name on. Sounds silly but it isn't. Labels make it easy to remember a few months down the track what seeds or type of cuttings you have.

Jiffy Pellets Use these for seeds that are easy to handle in your fingers, for example, tomatoes, chillies and sunflowers. And kids love seeing the pellets swell with water. Try using the Oderings Seed Sower. It is a handy wee gadget to have in your tool kit.

Patience Yes, be patient. Plants germinate and produce roots at different rates; so be patient. Some seedlings may appear in a matter of days whereas others will be a matter of weeks. If speedy results are what you are after, consider investing in a heat pad; the results will impress!



## **Delightful Doubles**

We often talk about double or single flowering plants. A double flower is simply a flower with extra petals, often containing flowers within flowers. Enjoy the double flower power that these beautiful, and in some cases bright flowers offer.

#### Impatiens Double Vision Purple Star

I love double impatiens and this variety just oozes class with its double purple flowers and striking white star pattern. Impatiens like a semi-shaded area, which let's be honest can sometimes be hard to fill with colour. Give this variety and some of the other doubles a go; you won't be disappointed.

#### Bacopa Double White

Don't let the dainty flowers fool you; this plant has huge flower power. This double flowering bacopa will be a showstopper with its clusters of double, pearly white flowers and semi cascading mounding habit. It is a must-have for any hanging basket or for creeping around the garden as a groundcover.



#### Argyranthemum Sassy Double Sun

We are excited to introduce this new Argyranthemum daisy for 2017. With form and fashion, Double Sun has delightful deep golden-yellow flowers and fine fern-like lime green foliage. The vibrant blooms will certainly bring a burst of colourful bright joy to your pots and planters this spring.



## Some Like It Hot

The dog days of summer are brilliant for outdoor garden games and visits to the beach, but what happens when the council puts water restrictions in place and we can't water our precious gardens? The ideal solution is to plant heat loving plants that need little water once established. Become water wise and plant these heat loving plants.

#### ODERINGS EXCLUSIVE

#### Osteospermum Afrikaans

A South African native suited to full sun, Afrikaans are very compact and easy to grow. They will stay under 30cm tall. This variety has been bred to flower under high temperatures so they will explode with masses of flower from spring until frost.

### Lobelia Midnight and Sky Blue

These easy to grow perennial lobelias have awesome heat tolerance and an amazing flowering that covers the plant en masse. The plants are low and compact, making them ideal for containers and hanging baskets.

#### Nemesia Nuvo Series

Nemesias are popular again, and it's no wonder as they sport bright and vibrant flowers that spill everywhere with a mass of colour on fresh dark green succulent foliage. Suitable for hanging basket or pot. Terracota

Safari Purple Midnigi

Midnight

Sky Blue

#### Lavender Tutu

Spoon

Exclusive to Oderings this new multi winged lavender is stunning. With large iridescent semi double flowers that resemble a ballet dancer's tutu. This hardy plant is prolific in its flowering and is perfect for patio pots and planters or straight into the garden. Pink

Blush

ODERINGS EXCLUSIVE

White

Carmine

Pink Bicolour

21



## Growing from seed with Mr. Fothergill

Growing flowers or vegetables from seed is both economical and very satisfying. Not only will you save money, you will also enjoy the "magic" of seeing a plant grow from a tiny seed into beautiful flowers or abundant delicious fruit or vegetables.

Seeds require the right temperature, water and air to germinate successfully. Always check the "To Sow & Grow" section on the back of your Mr. Fothergill's Seed packet to ensure you are planting seed at the right time of year. Some seeds such as beans and tomatoes need warm soil, and in cooler parts of NZ this may be late in spring unless you first germinate these seeds indoors or in a glasshouse.

While it is necessary to keep seeds moist to ensure germination, they may rot if they are too wet for long periods; but it's also important to ensure they don't dry out. Larger seeds such as sweet corn and beans may rot more easily, so sow them into damp soil but water them again only if the soil dries out; once they have germinated continue to water them regularly.

Plants from the cucurbit family such as cucumbers and zucchinis can be planted directly into your garden into a small mound, which will aid drainage and give them a head start.



#### **Germination Problems**

Sometimes, despite our best intentions the seeds we plant just don't seem to grow. Here is a useful checklist of possible issues:

**Seeds too wet** They may have rotted away in the ground.

**Seeds too dry** Ensure they are kept moist but not wet; this may mean watering them only every 2nd day in cooler weather.

**Seed buried too deep** A good rule of thumb is plant the seed twice the depth of the diameter of the seed itself.

**Seed planted too shallow** May cause it to dry out or even cook from exposure to the sun.

**Slow germination** Some plants take longer to germinate, so always keep the packet to check. Where most vegetables will germinate in 7–14 days, some flower seeds will take 24–28 days.

**Wrong season** Some plants such as sweet peas need the cooler weather of autumn and winter to germinate; in warmer areas, they may not germinate in spring.

**Too early in the season** Spring can start earlier or later from one year to the next; just because a bean plant germinates in October one year does not mean it will germinate as early the following spring.

**Seedlings eaten by pests** Keep a close eye on your garden as sometimes the seedlings will be eaten by pests such as snails or slugs almost as soon as they come up. If you have this problem, try Tui Quash, available at Oderings Stores or online.

**Soil contaminated by weedkiller** Certain weedkillers such as the selective ones used on lawns can have a long-term residual effect; if you spray then compost the lawn clippings don't use the compost in your vegetable garden or an area where you are sowing seeds.



For easy refill rows try our Sow Easy **Seed Tapes** 

## **STARTING** A Garden Has Never Been This **EASY**

re you interested in growing your own vegetables, herbs and flowers, but don't quite know where to start and how to do it? Perhaps you are concerned about how much of your time it will take to start the garden, and to grow from seed to harvest?

Mr Fothergill's latest innovation Roll'n'Grow Garden is an exciting and unique solution that makes starting a veggie or flower garden incredibly easy. As the name implies, this is a full-garden-in-one product with 5 varieties of seeds pre-sown between layers of biodegradable paper. All you need to do is roll out the mat, lightly cover with soil and water!

The seeds are spaced out in straight rows, minimising the need for thinning and eliminating the trouble of spacing out small and hard-tohandle seed. You can roll out the

200cm x 45cm mat as is or cut it to size - perfect for any garden space!

So don't hesitate - now is a perfect time to get your garden started with Mr Fothergill's seeds and Roll'n'Grow Gardens.





1. Prepare Soil

2. Roll & Cover

3. Water

3. Enjoy



#### **Available in 3 Garden Varieties**

#### **Salad Vegetables**

Beetroot Crimson Globe Carrot Kuroda Spring Onion White Lisbon Lettuce Mixed Leaf Salad Radish French Breakfast

#### **Superfoods**



Broccoli Italian Sprouting Spinach Viking Kale Green Curled Beetroot Crimson Globe Rocket



**Cottage Flowers** Alyssum Carpet of Snow Forget Me Not Indigo Poppy Shirley Single Heartsease Jump Up Lobelia Crystal Palace



For more information go to www.mrfothergills.co.nz

# **Spring stunners**

Every garden needs some flowering plants to tie everything together, and with limited space these small, but stunning, profusely flowering varieties are the perfect addition not for just spring colour, but also summer and even autumn. Dotted into the garden or into pots at an entranceway, these long-flowering plants will hit you with colour.

Diascia Series

Well known for their masses of bright colour, the Diascia are a must for hanging baskets, planters and pots, or in the garden incorporated into rockeries and border plantings. This series trails and fills, meaning that it has a little height and spreads nicely. They are long flowering and magnificent.



Gillardia Series

An awesome performer that likes it warm and dry. The Gaillardia mixes well with soft textures and tones so are perfect beside cosmos or grasses. They preform brilliantly in pots or garden beds.





Salvia Sensation Series

These perennial sages are invaluable for their rich display of bright, spiky flowers in early summer. Sensation is a compact series that is drought tolerant once established, with chubby flowers that are excellent for cut flowers. By removing fading blooms, you will encourage repeat flowering, and after blooming has finished, cut the plant back to rejuvenate the foliage.

There are three colours in this series – Bright Rose, Deep Violet and Snow White – all of which are excellent for attracting butterflies and bees to the garden.



Bacopa Pink Dream

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This wave of beauty has the largest flowers I have ever seen on a Bacopa. The pale-pink, star-shaped flowers cover the foliage en masse. Use Pink Dream as a groundcover in the garden or to tip over any pot, planter or hanging basket.









## Grow Your Own Organic Veggies

SHERID COM

It's so rewarding to grow your own food! So, get started and plant a mini orchard or a veggie and herb patch, or fill a few pots with delicious edibles so you can start harvesting your own organic fresh produce. Even if you don't go completely organic, it's helpful to introduce some organic principles into your gardening.

#### The Secret Is in the Soil!

The key to growing great organic fruit and veggies is soil preparation and regular feeding. Before planting, mix some handfuls of Yates® Dynamic Lifter® Organic Plant Food into the garden bed or planting hole. Dynamic Lifter is a rich, concentrated source of composted chicken manure, boosted with the goodness of blood and bone, fish meal and seaweed. It helps hold moisture and nutrients in the soil, improves soil structure and encourages earthworms and beneficial soil microorganisms. Yates Dynamic Lifter also provides plants with gentle, slow-release organic nutrients to help promote a great harvest. Reapply around the root zone and garden beds every 6–8 weeks throughout the growing season to keep plants well fed and the soil healthy.

A good indication of happy soil is lots of earthworms. Earthworms are tiny (and free!) little workers that significantly improve the soil and help our gardens to be healthier and more productive. What do earthworms do to improve our gardens? They help convert organic matter and fertilisers into nutrients that plants can use. Worm 'castings' are a rich source of organic nutrients. Earthworms also help to improve soil structure and aerate the soil by creating tunnels, which makes it easier for plant roots to grow.

#### **Plants Need Food Too**

Organic fertilisers are made up of anything 'organic' and includes materials such as manures (including sheep, chicken, cow and horse), blood and bone, and fish. Different sources of organic material will provide fertilisers with different levels and types of nutrients. If you'd prefer more natural fertilisers but understand that you need NPK (the three key nutrients in a fertiliser to ensure plants get everything they need), then a combination of natural and NPK is great. Yates Natural Fish & Seaweed+ contains cold composted fish and seaweed and is boosted with NPK to make a complete plant food perfect for edibles.

#### **Organic Pest and Disease Control**

Strong and healthy plants resist pests and diseases better. Sometimes despite our best efforts to keep our gardens healthy, pests and diseases can start to creep in. When populations of insect pests are low, many can be controlled by hand, such as picking caterpillars off plants or squashing aphids on leaves. However, when insect pest numbers are large, they will need to be controlled to prevent significant damage to plants and to protect fruit and veggies. Yates has a range of BioGro certified organic solutions that will deal with common insect pests:

- Caterpillars and other insects on veggies, herbs, fruit and flowers – Yates Nature's Way Fruit & Vegie Gun (derived from pyrethrum flowers).
- Aphids, mites and whitefly on vegies, herbs, fruit and flowers – Yates Nature's Way Vegie Insect Gun or Spray, which is an insecticidal soap derived from natural vegetable oils.
- Scale, aphids and mealybugs on citrus Yates Nature's Way Citrus & Ornamental Spray, which contains a combination of natural pyrethrum and vegetable oil.



Great gardens are Yates gardens®

## **PotatoPot**

A year or so back I saw some amazing PotatoPots on Pinterest and I thought, wow, what a great idea. The reason I believed in these pots was that, although people in rest homes and flats have limited space, it doesn't diminish the desire to grow and eat fresh produce. After showing this to the Oderings National Drygoods Manager, she went about trying to get these into NZ, and low and behold she did.

The PotatoPot is a two-piece system that allows anyone to grow their own potatoes, which you can harvest regularly. In approximately eight weeks you can begin harvesting your own new potatoes by raising the inner pot to expose the growing potatoes.

Start by filling your pot <sup>2</sup>/<sub>3</sub> to the top with a mix of garden soil and compost. I also incorporate sphagnum moss into my pot plantings to help with watering. Add a handful of potato fertiliser and mix into the soil. Place your seed spuds (you will need two or three depending on the variety), then fill the rest of the pot with compost. Water in well.

After approximately eight weeks lift the inner pot to observe the development of the spuds. If they look a little undersized, place the pot back in the outer pot and try again in another week's time. Once you are happy with the size of the spuds, simply use a finger to dig them out. Replace the pot again and wait for more to grow. Sound simple? It really is! Here are a few extra tips to help you along:

- By raising the inner pot you expose the growing potato for harvest. The plant will continue to produce new potatoes – right up until the arrival of the first frost.
- 2 Wait eight weeks before you lift for the first time.
- **3** After eight weeks, incorporate a liquid fertiliser when watering to keep the nutrient level up. The more the plant produces the more feed it will require.
- **4** Don't forget to chit your potatoes first. To do this leave them in a warm, light place out of direct sunlight (e.g., a windowsill). Chitting normally takes 2–3 weeks.
- **5** We recommend you try a superstar potato called Summer Delight in the potato pot. It's a great producer that doesn't seem to quit, an ideal choice for this pot.



#### ΡΟΤΑΤΟΡΟΤ.COM



PotatoPot easy - clean - delicious

#### **HOW TO PLANT:**

Plant 3 seed potatoes in a vegetable mix (compost and potting mix) in the inner pot, which is placed in the outer pot. Place seed potatoes in the centre 10 cms apart and half way down the pot.

Water regularly – preferably daily. Observe development by lifting the inner pot out of the outer pot. After approx. 8 weeks you can harvest your own potatoes. The plant will produce new potatoes up to the arrival of the first frost.

Manufactured in Denmark by CombiPot A/S, Slettensvej 55-61, DK-5270 Odense NV, Denmark.

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> **O**Interworld Plastics

## **Potatoes**

## Frequently Asked Questions

There are certain questions that we get asked each year by potato growers, novice or experienced.

#### Do I need to chit my spuds?

Yes, it is ideal to chit your spuds to give them a head start. This normally takes 2–3 weeks. If the sprouts are white, they don't have enough light; they should be a dark-purple colour. Chit on a windowsill or other light areas but not in direct sunlight.

#### How do I grow potatoes in pots?

Easily done: Incorporate garden soil, compost and potato fertiliser in a pot. Fill the container to <sup>2</sup>/<sub>3</sub> full, place the spuds, then fill the remainder of the pot. Don't fill quite to the top so you can create a water reservoir. Remember to feed regularly and water daily once growing. Once you have waited your number of days (depends on the variety you use), tip the pot over and voila, you have spuds.

#### How do I grow potatoes in the garden?

Dig a trench 40cm deep. Add a handful of potato fertiliser per metre length of trench. Add 5cm of compost and place the spud. Backfill the trench with more compost mixed with garden soil.

### In the garden do I need to mound the soil?

Yes, you do. This stops the new potatoes getting burnt from the sun and stops nasty pests from attacking. You can either mound potatoes at the time of planting by making a 30–40cm mound, or the traditional way is every time the potato shoots reach 15cm tall, pile more soil 10cm up the shoot. You then repeat this step until maturity.

#### What is the best potato to plant?

We all have our favourites, and we are having a debate as I write. It depends on what you like to use the potatoes for. Have a look at our potato board in store to help you choose, then ask our staff and see if they agree with your choice.

#### A late frost caught me. How do I save my crop?

There is not much you can do, but the problem is when the sun hits the leaves it burns them, which kills the plant. So before the sun comes out, try and save the leaves by covering them with newspaper. Once the frost on the leaves has melted remove the paper.

### What are these holes in my spuds?

Once you have harvested you may notice little holes in your spuds. This is from wire worm (which can also affect carrots). Nothing much you can do for it this season, but you will need to stop it for next year. You need to plant the green crop mustard in late autumn and dig it into the soil after six weeks. Otherwise you can try potassium permanganate, which I have heard great things about, and this can be added now.

#### What is the scab on my potato?

The scab is generally caused by a lack of calcium in the soil. Incorporate gypsum at the time of planting to avoid this issue.

#### What is potato psyllid?

This is a nasty insect that injects a toxin into your plant. Once injected your crop will start to die rapidly. There is no cure; prevention is the key. Incorporate Neem into the soil at planting time and then every six weeks. You can also use Success Ultra or Mavrik as a prevention spray. Harvest spuds before high summer to avoid issues.



#### What is blight?

To avoid blight, buy certified seed spuds from garden centres and choose blight resistant varieties. Harvest before high summer as blight breeds in hot, humid climates.

### Why do I have a lot of leaves but not many potatoes?

You have too much nitrogen in your soil and not enough potassium. Sheep pellets are great but can't be the only source of nutrients with potatoes. Potato fertiliser is high in potassium, which promotes root growth, and potatoes are a root crop.

#### Why are my potatoes small?

They are either not ready to harvest and you need to give them a little longer, or your soil may be too light. Potatoes prefer a heavy soil, so mixing the existing garden soil with compost makes a perfect soil medium.

#### How long until I harvest?

Each potato is different and it will generally tell you when on the bag of the one you purchased. If you are not sure, dig up one plant and look at the size to decide. As a rule, most varieties take 90–100 days.

#### Do all potatoes flower?

No, not all potatoes flower, well not that you will notice. Your crop is ready to harvest when at the maturity date or when the shoots wither and die.

### Can I plant potatoes from the supermarket?

You can but you shouldn't. You are more likely to get viruses in your plant. Also, the potatoes at a supermarket are often treated with chemicals.

Need more in-depth info? Grab a copy of the Oderings Gardening Guide, "Growing Potatoes", in-store or online.



To watch a step by step video of this Tui Gardening Hack visit tuiproducts.co.nz





Coffee & Vanilla Rejuvenate and soften tough skin

> Lavender & Chamomile Relaxation after a hard day in the garden

Lime & Mint Cool and hydrating for tired sore hands

thank you

## DIY Gardener's Scrubs

We all love gardening but it can take a real toll on our hands. These brilliant, simple recipes, which you can make at home, will soon leave your skin feeling soft and refreshed as well as smelling like you've just stepped out of the spa.

#### **Base Recipe**

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1 cup granulated sugar ½ cup coconut oil or olive oil You will also need a bowl, spoon, grater and mason jars

#### Method

- Scoop the coconut oil into a microwave bowl and heat on high until it's completely melted (about 25 seconds). Allow to cool but not solidify. If using olive oil, then skip the microwave and move to step two.
- 2 Put the sugar in a bowl and add the melted coconut oil/olive oil slowly, stirring as you go. Mix well to combine. Add more sugar if the mixture becomes too wet.
- 3 Depending on your choice of scented scrub you will now need to:

#### Lemon & Rosemary

- Grated zest of 1 lemon
- Juice of ½ lemon
- 2 sprigs of rosemary

Pull rosemary leaves from stem, chop into smaller pieces, add to the sugar mix along with the lemon zest. Stir in the lemon juice and mix well.

#### Lavender & Chamomile

- · 2 Tbsp. dried chamomile tea leaves
- · 5–10 drops of lavender essential oil
- · 2 Tbsp. dried lavender flowers

Add the lavender essential oil to the sugar mix. Gently fold in the tea leaves and lavender flowers.

#### Coffee & Vanilla

- ¼ cup dried or fresh coffee grounds
- 1 Tbsp. vanilla extract

Mix the coffee grounds and vanilla into the sugar mix.

#### Lime & Mint

- •1/2 tsp peppermint oil
- Grated zest of 1 lime
- Mint leaves

Mix the lime zest and mint leaves into the sugar mix followed by the peppermint oil and stir.

4 Scoop into a small glass mason jar and cover with a tight-fitting lid.



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